

BGBP Teens  
and pre-teens

*If someone tries to get you to  
do something that's not right...*

qiJ7Flip

*Flip it around!*

How do  
I know if  
I'm a true  
friend?



*If someone tries to get you to do  
the wrong thing...flip it around  
and suggest something better—  
the right thing! Say no...*

- No, my parents wouldn't want me to do that.
- Let's go play a game instead!
- I've got to do my homework. Did you finish your homework?
- Are you hungry? Let's go ask my mom for a sandwich!
- I've got to fix my bike---can you help me?

Remember, a true friend would never want you to do anything that would get you into trouble (like lie, cheat, steal) or that might get you hurt (fight, join a gang)!

Learn more about peer pressure and choosing the right friends at:  
<http://family.samhsa.gov/teach/>